

Please bring someone with you to take you home afterwards. Even though the excision has been performed using local anaesthetic, it is still a small surgical procedure, and you might be happy for some assistance.

Once the anaesthetic has worn off, the area may become quite tender and so Paracetamol can be taken if needed.

It is normal for there to be some swelling and bruising of the site, but this will gradually disappear, although in some cases, this can take a few weeks.

If you have any complications after the procedure, please do not hesitate to contact us.

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### Comments, Compliments or Complaints

The Patient Relations/Patient Advice and Liaison Service (PALS) Department provides confidential on the spot advice, information and support to patients, relatives, friends, and carers.

### Contact Us

Tel: 01942 822376 (Monday to Friday 9am until 4pm)

The Patient Relations/PALS Manager  
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### Ask 3 Questions

Become more involved in decisions about your healthcare. You may be asked to make choices about your treatment. To begin with, try to make sure you get the answers to three key questions:

1. What are my options?
2. What are the positives and negatives of each option for me?
3. How do I get support to help me make a decision that is right for me?

### How We Use Your Information

For details on how we collect, use, and store the information we hold about you, please see patient information leaflet, Ref. **Corp 006** How we use your information, this can be found on the Patient Information Leaflets page on the Trust website, see details on the front cover.

This leaflet is also available in audio, large print, braille, and other languages upon request.  
For more information please ask in the department/ward.

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# EnCor Excision Procedure

## Breast Screening Department

### Patient Information

The Patient Information Leaflets page on the Trust website is available on the link: [https:// www.wvl.nhs.uk/patient-information-leaflets](https://www.wvl.nhs.uk/patient-information-leaflets) or scan the QR code.



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## Introduction

You have been listed to have an EnCor Excision following your recent biopsy in the Breast Screening Unit.

This leaflet gives relevant information about preparation for the procedure, what happens during it and basic aftercare.

## Why do I need this procedure?

Even though your biopsy did not show any abnormal cells, there are some benign lesions which require removal (those graded as B3 at biopsy) because they can be a very early indication of changes to breast tissue in that area.

These lesions were previously removed in the operating theatre under general anaesthetic, but new technology means we can now remove them under local anaesthetic during a routine 1 to 2 hour outpatient appointment in the Breast Screening Unit.

## What will happen?

Please attend the Breast Screening Unit at the time of your appointment. (There is a payable car park on site, but it can get very busy, so please allow extra time for this.) It is advisable to bring someone with you to take you home afterwards.

You will be seen by a Consultant Breast Radiologist, who will explain the procedure to you, check about relevant medical history and will ask you to sign consent documents.

The excision will be performed using the guidance of our special computerised mammogram machine, so you will be seated or lying on your side for the procedure. You may be required to stay in this position for up to 1 hour, so if you feel you may have a problem with this, please let us know.

Local anaesthetic is injected into the breast to numb the area and tissue will be removed using our vacuum assisted device. You may have already had a breast biopsy performed in a similar way.

Once the required tissue has been removed, a sterile dressing will be applied to the excision site and the removed tissue will be sent to the laboratory for analysis.

It will be necessary for you to return for the results at a later date and an appointment will be given to you before you leave the Department.

## After the procedure

Even though only a tiny wound is left on the skin after the procedure, some tissue has been removed from your breast and so care must be taken to avoid any activities which may result in the wound starting to bleed.

We suggest that you refrain from any strenuous activity for 48 hours after the procedure.

Some bleeding may occur during the procedure, but this varies, and may either be stopped very quickly by applying pressure to the wound, or very occasionally, a stitch may be needed to assist with this if it continues to bleed.

The sterile dressing must remain in place for 3 days to reduce the risk of any infection. You will receive a separate information leaflet following the procedure about how to look after the dressing.

The dressing will vary depending on the wound and how much bleeding has occurred. You may be asked to wait for a while after the procedure to monitor how you feel, and only when we are happy, will you be allowed to leave the Department.