

### Comments, Compliments or Complaints

The Patient Relations/Patient Advice and Liaison Service (PALS) Department provides confidential on the spot advice, information and support to patients, relatives, friends and carers.

### Contact Us

Tel: 01942 822376 (Monday to Friday 9am to 4pm)

The Patient Relations/PALS Manager  
Wrightington, Wigan and Leigh Teaching Hospitals  
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Royal Albert Edward Infirmary  
Wigan Lane  
Wigan WN1 2NN

### Ask 3 Questions



Become more involved in decisions about your healthcare. You may be asked to make choices about your treatment. To begin with, try to make sure you get the answers to three key questions:

1. What are my options?
2. What are the pros and cons of each option for me?
3. How do I get support to help me make a decision that is right for me?

### How We Use Your Information

For details on how we collect, use and store the information we hold about you, please take a look at our "how we use your information" leaflet which can be found on the Trust website: <https://www.wwl.nhs.uk>

This leaflet is also available in audio, large print, braille and other languages upon request.  
For more information please ask in department/ward.

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# Discharge Advice following Elective Cardioversion

## Patient Information

Author ID: PD  
Leaflet Ref: Card 003  
Version: 9  
Leaflet title: Discharge Advice following Elective Cardioversion  
Last review: May 2023  
Expiry Date: May 2025

## Following Elective Cardioversion, the following advice should be taken

- You should be accompanied home and have a friend or relative to stay with you over night.
- Do not drink alcohol for 48 hours following the procedure
- It is advisable not to sign any important documentation for the next 24 hours.
- Refrain from heavy activity or exercise for two to three days.
- You must not drive any vehicle/motorcycle for 48 hours.
- An out-patients appointment for an ECG (heart trace) will be sent to you in the post.

- Any change in medication following your procedure will be discussed with you by your discharging nurse.
- A letter will be sent to your GP detailing your procedure and any medication changes
- If you have any queries about your cardioversion, medication, or symptoms before your next appointment, please contact the Arrhythmia Specialist Nurse secretary on telephone 01942 264905

**You will be assessed for burns to your chest wall before you leave the department and advised if any further action is required. .**

Please use this space to

write notes or reminders