

Using Inhalers with Spacers

Patient Information

| Child Health Department (Rainbow Ward)

Author ID: MF / SM
Leaflet Ref: CH 019
Version: 8
Leaflet title: Using Inhalers with Spacers
Last review: May 2023
Expiry Date: May 2025

How to use a large volume spacer with metered dose inhaler.

With mask

- Remove cover from inhaler to be used
- Attach facemask to the spacer device
- Shake the inhaler
- Insert inhaler into spacer device
- Tip spacer to 45° angle or more to open valve
- Apply mask to child's face ensuring a good covering of nose and mouth
- Press inhaler canister
- Count to 15 slowly (around 30 seconds)
- Remove mask from child and allow 30 seconds before repeating.



NB: If using inhaled steroid through this device always wash child's face after inhalation.

Device should be washed every two weeks in hot, soapy water and left to air dry. Device will need to be replaced if any cracks are noticed and should be replaced every 6 to 12 months.

With mouthpiece

- Remove cap of inhaler
- Shake inhaler
- Insert into spacer device (see image)
- Place mouthpiece into mouth
- Press canister of inhaler (metal part) to release drug
- 8 – 10 normal breaths should be taken with the mouthpiece in the mouth
- Remove device from mouth
- Wait 30 seconds before repeating.



NB: Device should be washed every two weeks in hot, soapy water and left to air dry. Device will need to be replaced if any cracks are noticed and should be replaced every 6 to 12 months.

Please feel free to ask

If you have any questions or queries which we have not covered in this leaflet the staff will be pleased to answer your questions as clearly and honestly as they can.

Rainbow Ward, Telephone number: 01942 778762 or 778763

Ward open 24 hours

Please note that we can only give specific advice where we have recently been involved in the care of a child.

Comments, Compliments or Complaints

The Patient Relations/Patient Advice and Liaison Service (PALS) Department provides confidential on the spot advice, information and support to patients, relatives, friends and carers.

Contact Us

Tel: 01942 822376 (Monday to Friday 9am to 4pm)

The Patient Relations/PALS Manager
Wrightington, Wigan and Leigh Teaching Hospitals NHS Foundation Trust
Royal Albert Edward Infirmary
Wigan Lane
Wigan WN1 2NN

Ask 3 Questions

Become more involved in decisions about your healthcare. You may be asked to make choices about your treatment. To begin with, try to make sure you get the answers to three key questions:

1. What are my options?
2. What are the pros and cons of each option for me?
3. How do I get support to help me make a decision that is right for me?



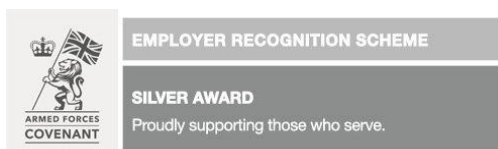
How We Use Your Information

For details on how we collect, use and store the information we hold about you, please take a look at our “how we use your information” leaflet which can be found on the Trust website: <https://www.wwl.nhs.uk>

This leaflet is also available in audio, large print, Braille and other languages upon request. For more information please ask in the department/ward.

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Phone: 0808 802 1212
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