

Comments, Compliments or Complaints

The Patient Relations/Patient Advice and Liaison Service (PALS) Department provides confidential on the spot advice, information and support to patients, relatives, friends, and carers.

Contact Us

Tel: 01942 822376 (Monday to Friday 9am until 4pm)

The Patient Relations/PALS Manager
Wrightington, Wigan and Leigh Teaching Hospitals
NHS Foundation Trust, Royal Albert Edward Infirmary
Wigan Lane
Wigan
WN1 2NN

Ask 3 Questions



Become more involved in decisions about your healthcare. You may be asked to make choices about your treatment. To begin with, try to make sure you get the answers to three key questions:

1. What are my options?
2. What are the positives and negatives of each option for me?
3. How do I get support to help me make a decision that is right for me?

How We Use Your Information

For details on how we collect, use, and store the information we hold about you, please see patient information leaflet, Ref. **Corp 006** How we use your information, this can be found on the Patient Information Leaflets page on the Trust website, see details on the front cover.

This leaflet is also available in audio, large print, braille, and other languages upon request.
For more information please ask in the department/ward.

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After Care-Water Soluble Contrast Enema

Radiology Department

Patient Information

The Patient Information Leaflets page on the Trust website is available on the link:
[https:// www.wvl.nhs.uk/patient-information-leaflets](https://www.wvl.nhs.uk/patient-information-leaflets)
or scan the QR code.



EMPLOYER RECOGNITION SCHEME

GOLD AWARD 2021

Proudly serving those who serve.

Author ID: SJO
Leaflet Ref: Rad 029
Version: 3
Leaflet title: After Care-Water Soluble Contrast Enema
Last review: August 2024
Expiry Date: August 2026

Name

Hospital Number.....

Consultant

Your examination is now complete, and you are free to leave the department. You may resume your usual eating routine.

Please be aware that you may still need to use the toilet after the examination, and it is advisable to remain within reach of the bathroom for the next few hours. If you have a stoma bag, it may fill up very quickly after the procedure as the remainder of the x-ray dye comes out.

If air was used to inflate your bowel, then there is a chance that your stoma bag could overflow and become loose or burst due to the pressure. Please ensure you have plenty of spare bags available.

You may experience some mild abdominal cramps after your examination; this is to be expected due to the air.

It is also normal to lose small amounts of blood from the rectum after this procedure, due to the rectum being aggravated by the tube which was inserted into it. However, if you experience severe rectal bleeding or severe abdominal pain, then we suggest you seek medical advice via your nearest Emergency Department.

If you have stopped taking your usual medication to undergo this test, you can resume taking it afterwards.

Your results will be sent back to the doctor who referred you for the test. They will contact you regarding the results.

X-Ray Department
Telephone 01942 822398