

Ano-Rectal Manometry

Patient Information

Colorectal Surgery Department



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Introduction

Your doctor has referred you for a test called an ano-rectal manometry.

Benefits

This is a test that measures how well the muscles around your bottom work, (the anal sphincter). It will also measure the sensation inside the lower bowel (rectum).

Alternatives

There are no alternatives to this procedure.

Risks

There are no risks to this procedure.

About the test

The test is done at the Endoscopy Department at Leigh Infirmary. You will not need to take any medicine to clear your bowels out beforehand, though it is easier if your bowels have been opened.

You can eat and drink the morning of the procedure, and take your medication as normal.

There are two parts to the test:

- The first will involve a small probe being passed into the rectum. This measures the pressure inside the anal sphincter. You will be asked to squeeze the probe with these muscles at intervals.
- In the second part of the test a small balloon is inserted into the rectum and filled with air and you will be asked what you can feel.

Neither part of the test is painful, though occasionally patients can experience a little discomfort. Although the whole procedure takes about 10 minutes you are likely to be in the department for at least two hours, depending on your position on the list.

The doctor doing the test may be able to explain the results at the time, but it is more usual for an appointment to be made at a later date once all other investigations have been completed.

Please use this space to write notes or reminders.

Comments, Compliments or Complaints

The Patient Relations/Patient Advice and Liaison Service (PALS) Department provides confidential on the spot advice, information and support to patients, relatives, friends, and carers.

Contact Us

Tel: 01942 822376 (Monday to Friday 9am until 4pm)

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Ask 3 Questions

Become more involved in decisions about your healthcare. You may be asked to make choices about your treatment. To begin with, try to make sure you get the answers to three key questions:

1. What are my options?
2. What are the positives and negatives of each option for me?
3. How do I get support to help me make a decision that is right for me?



How We Use Your Information

For details on how we collect, use, and store the information we hold about you, please see patient information leaflet, Ref. **Corp 006** How we use your information, this can be found on the Patient Information Leaflets page on the Trust website, see details on the front cover.

This leaflet is also available in audio, large print, Braille, and other languages upon request. For more information, please ask in the department/ward.

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