

General Wound Care Passport

Patient Information

Orthopaedic Outpatient Services



The Patient Information Leaflets page on the Trust website is available on the link:
<https://www.wwl.nhs.uk/patient-information-leaflets> or scan the QR code.

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Patient Details

Please read this leaflet carefully and always bring it with you on every attendance to the hospital.

Unit Number:

Patient's Name:

Address:

.....

Hospital Appointment Times

Your next appointment is on:

Date	Time	Department	Hospital	Ambulance
				Yes <input type="checkbox"/> No <input type="checkbox"/>
Comments				
				Yes <input type="checkbox"/> No <input type="checkbox"/>
Comments				
				Yes <input type="checkbox"/> No <input type="checkbox"/>
Comments				
				Yes <input type="checkbox"/> No <input type="checkbox"/>
Comments				
				Yes <input type="checkbox"/> No <input type="checkbox"/>
Comments				
				Yes <input type="checkbox"/> No <input type="checkbox"/>
Comments				

Wound Care Details

Type of dressing	
Diagnosis	
Treatment	
Comments	
Print Name	
Signature	
Designation	

Subsequent Dressing Changes...

Date	
Type of dressing	
Reason for change	
Problems	
Date of next planned change	
Print Name	
Signature	
Designation	

Date	
Type of dressing	
Reason for change	
Problems	
Date of next planned change	
Print Name	
Signature	
Designation	

...Subsequent Dressing Changes

Date	
Type of dressing	
Reason for change	
Problems	
Date of next planned change	
Print Name	
Signature	
Designation	

Date	
Type of dressing	
Reason for change	
Problems	
Date of next planned change	
Print Name	
Signature	
Designation	

Helpful advice on how to care for your wound

If you have had your wound closed using stitches, adhesive wound closure strips (SteriStrips), staples or medical glue, you must keep the wound dressing clean and dry.

Do not cover the dressing or wound with a waterproof finger stall or plastic bag unless your healthcare team advise you otherwise, as this may make the wound moist and increase the chance of infection.

Wash and bathe with caution, advice will be given on an individual basis.

For all wounds

Once the wound closure method has been removed and the wound is fully healed, gently massage the area with unscented moisturising cream, e.g. E45 to encourage good wound healing.

Signs of wound infections

Wound infections are always a possibility after an accident/trauma/surgery.

Infection can happen at any time. Please be aware of any of the following symptoms:

- A raise in body temperature.
- Increased redness, pain or swelling.
- An offensive smell, heat around the wound.
- A thick yellowy discharge. However, it is normal for there to be a clear straw coloured fluid weeping from the wound in the first 36 hours.
- If you feel generally unwell.

These indicate that the wound may be infected and needs treating with antibiotics.

You may experience other problems such as:

- Continuous pain that is felt even at rest
- The fingers, toes become swollen, blue, pale, cold or difficult to move and do not improve with elevation.
- Numbness, loss of sensation or 'pins & needles'.
- The dressing becomes loose and uncomfortable.
- Visible internal sutures appearing.

If you have any concerns about your wound and would like some advice, please contact the Department Monday to Friday between 8am and 5pm on telephone number: 01942 822109

Outside these hours contact your local walk-in centre, minor injuries, GP surgery or, as a last resort, it may be necessary to contact the Accident and Emergency Department on 01942 822440.

Available services for wound care:

Nurse led dressing clinic

The Orthopaedic Department has a nurse led wound care service, with experienced nurses providing the care for orthopaedic/trauma patients requiring dressings following surgery and discharge from the ward or between out-patient appointments. This service provides the opportunity for discussion on health promotion, patient information, education and problem solving for both patients and carers.

Please contact the Orthopaedic Department, Monday to Friday 8am to 5pm on telephone number: 01942 822109.

District nurse service

There are District Nurse Teams based at Health Centres and clinics throughout the Ashton, Wigan and Leigh area providing care in treatment rooms and in the home. If you require a dressing between appointments or on discharge following surgery you may be referred. Following a telephone contact from the service, you will be offered an appointment to attend the treatment room. District nursing care is also provided to patients who cannot leave home unless by ambulance, or whose treatment necessitates a home visit. This is at the discretion of the assessing nurse.

Patient's comments

Contact details

Fracture Clinic/Orthopaedic Out-patients Wigan

Plaster Room	01942 822106
Nurses Station	01942 822109
Follow-up Appointments	01942 773162
Hand Physiotherapy	01942 822103
Orthopaedic Secretaries	01942 822247 01942 773256 01942 822615
Main X-Ray Reception	01942 822409

Leigh

Leigh Clinic	01942 264087
Leigh Secretary	01942 264292

Wrightington

Appointments	01257 256222
Clinic	01257 256299

Comments, Compliments or Complaints

The Patient Relations/Patient Advice and Liaison Service (PALS) Department provides confidential on the spot advice, information and support to patients, relatives, friends, and carers.

Contact Us

Tel: 01942 822376 (Monday to Friday 9am until 4pm)

The Patient Relations/PALS Manager
Wrightington, Wigan and Leigh Teaching Hospitals NHS Foundation Trust
Royal Albert Edward Infirmary
Wigan Lane
Wigan
WN1 2NN

Ask 3 Questions

Become more involved in decisions about your healthcare. You may be asked to make choices about your treatment. To begin with, try to make sure you get the answers to three key questions:

1. What are my options?
2. What are the positives and negatives of each option for me?
3. How do I get support to help me make a decision that is right for me?



How We Use Your Information

For details on how we collect, use, and store the information we hold about you, please see patient information leaflet, Ref. **Corp 006** How we use your information, this can be found on the Patient Information Leaflets page on the Trust website, see details on the front cover.

This leaflet is also available in audio, large print, Braille, and other languages upon request. For more information, please ask in the department/ward.

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Call 111 first when it's less urgent than 999.



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