

## Useful contacts

Macmillan Cancer Support

[www.macmillan.org.uk](http://www.macmillan.org.uk)

Macmillan support line: 0808 808 0000  
Monday to Friday 9.00am to 8.00pm

Wigan and Leigh Hospice  
Kildare Street  
Hindley  
Wigan  
WN2 3HZ

Telephone: 01942 525566

[www.wlh.org.uk](http://www.wlh.org.uk)

## Local Community Pharmacy

Your local community pharmacies offer a wide range of services, including information and general advice on symptom relief medicines, as well as a prescription collection and delivery service.

In conjunction with



Wigan & Leigh Hospice  
*time is precious*

## Comments, Compliments or Complaints

The Patient Relations/Patient Advice and Liaison Service (PALS) Department provides confidential on the spot advice, information and support to patients, relatives, friends, and carers.

### Contact Us

Tel: 01942 822376 (Monday to Friday 9am until 4pm)

The Patient Relations/PALS Manager  
Wrightington, Wigan and Leigh Teaching Hospitals  
NHS Foundation Trust, Royal Albert Edward Infirmary  
Wigan Lane  
Wigan  
WN1 2NN

### Ask 3 Questions

Become more involved in decisions about your healthcare. You may be asked to make choices about your treatment. To begin with, try to make sure you get the answers to three key questions:

1. What are my options?
2. What are the positives and negatives of each option for me?
3. How do I get support to help me make a decision that is right for me?

### How We Use Your Information

For details on how we collect, use, and store the information we hold about you, please see patient information leaflet, Ref. **Corp 006** How we use your information, this can be found on the Patient Information Leaflets page on the Trust website, see details on the front cover.

This leaflet is also available in audio, large print, braille, and other languages upon request.  
For more information please ask in the department/ward.

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# Speech and Language Therapy

Macmillan Allied Health  
Professionals Team

## Patient and Carer Information

The Patient Information Leaflets page on the Trust website is available on the link:  
<https://www.wwl.nhs.uk/patient-information-leaflets> or scan the QR code.



EMPLOYER RECOGNITION SCHEME

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## Who are we?

Speech and Language Therapists (SLT's) are members of a group of health workers called Allied Health Professionals.

The Macmillan Allied Health Professionals Team is based at Wigan and Leigh Hospice and includes a Macmillan SLT.

## What does a SLT do?

SLT's provide life-improving treatment, support and care for people who have difficulties with communication, eating, drinking, and swallowing.

Using specialist skills, SLT's offer assessment and advice if you are having difficulty when communicating

For example:

- Understanding or following conversation
- Expressing yourself or speaking clearly
- Finding the right words in conversation.

We also help if you are having problems when eating, drinking, and swallowing.

For example:

- Struggling to start a swallow
- Coughing, choking, or becoming breathless whilst eating and drinking
- Avoiding certain textures or consistencies of food/drink.

## What will happen during my first appointment?

With your agreement, the SLT will ask you questions about the impact of your illness on everyday life.

You will be given time to explain your priorities and main concerns.

If you are having difficulty with communication the SLT will take time to discover exactly how this is affecting you.

If you are having difficulty with eating, drinking and / or swallowing the SLT will ask you to explain the problems. The SLT may also watch you eat and drink.

It is extremely helpful to your care if the SLT can share the assessment and updates of your progress with the other healthcare professionals involved in your care.

Please let the SLT know if you do not wish this to happen.

## Where will the appointments take place?

It is helpful if you can attend a speech and language therapy outpatient clinic at Wigan and Leigh Hospice.

If you are unable to travel the SLT may be able to see you in your own home or at another mutually convenient location.

## What happens next?

The SLT will discuss the outcome of assessment and your treatment options with you.

Together you will agree an individualised plan aimed at meeting your needs.

This plan may include:

- Furthermore detailed assessment
- A programme of word exercises
- A programme of exercises for your speech and / or swallowing muscles
- A gradual introduction of different textures and / or consistencies of food and drink
- Advice and support
- Referral to other healthcare professionals.

## How often will I be seen?

The SLT will discuss your appointments with you and agree a plan to meet your needs.

## How can I contact the SLT?

The Macmillan SLT is based at Wigan and Leigh Hospice.

### **Macmillan Allied Health Professionals Team**

Wigan and Leigh Hospice  
Kildare Street  
Hindley  
Wigan  
WN2 3HZ

Telephone: 01942 525566

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