

After Your Low Vision Assessment

Patient Information

Orthoptic Services



The Patient Information Leaflets page on the Trust website is available on the link:
<https://www.wwl.nhs.uk/patient-information-leaflets>
or scan the QR code.

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Low vision assessment recommendations:

- | | | |
|---------------|--------------------------|--------------------------------|
| Lighting | <input type="checkbox"/> | LED or Daylight, Flexible arm. |
| Clipboard | <input type="checkbox"/> | |
| Contrast | <input type="checkbox"/> | |
| Batteries | <input type="checkbox"/> | |
| Tinted lenses | <input type="checkbox"/> | |

Use of magnifiers

Often when people get home with their magnifier, they experience some difficulties. The points below may help you rectify some of your difficulties:

- Please remember that most magnifiers need to be held closer to the eye than you would normally hold something when reading. If you are struggling to use your magnifier, try holding it closer.
- Magnifiers with a large handle and a cup style magnifier must be held flat on the reading material and close to the eye. You may find a clipboard helpful.

- Most magnifiers work best when used with a light. If your magnifier has a built in light, please ensure your batteries are working and the light is switched on.
- If your magnifier does not have a light on it then we advise that you use a flexible daylight fluorescent light as demonstrated at your appointment.
- Reading is often slower than normal when using a magnifier. Take your time to read each word individually. Most people cannot read for prolonged periods of time with a magnifier. We recommend little, usually up to about 10 minutes and often.
- Magnifiers can get dirty. Clean your lens once a week with a damp cloth.

The more you use your magnifier the easier it will be for you to use. It does take practice.

Follow up

In most cases you will be followed up either by phone or by a return appointment to see how you are managing with your magnifier. If you are really struggling before this, please do not hesitate to contact us on 01942 822310 for further advice.

What happens once I can use my magnifier?

Once we are happy that you can use your magnifier appropriately, we will not follow you up again.

However, if at any point in the future you begin to experience difficulties, please call us on 01942 822310 and you will be given a new appointment. You do not need a new referral for this.

Please take good care of the magnifier(s) or other equipment loaned to you. If you no longer find them useful, please return them, as we can re-issue them to others.

Your Low Vision Therapist's name is:

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For further information please contact:

Orthoptic Department
Entrance B
Second Floor
Wigan Health Centre
Frog Lane
Wigan
WN6 7LB

Telephone 01942 822310

Comments, Compliments or Complaints

The Patient Relations/Patient Advice and Liaison Service (PALS) Department provides confidential on the spot advice, information and support to patients, relatives, friends, and carers.

Contact Us

Tel: 01942 822376 (Monday to Friday 9am until 4pm)

The Patient Relations/PALS Manager
Wrightington, Wigan and Leigh Teaching Hospitals NHS Foundation Trust
Royal Albert Edward Infirmary
Wigan Lane
Wigan
WN1 2NN

Ask 3 Questions

Become more involved in decisions about your healthcare. You may be asked to make choices about your treatment. To begin with, try to make sure you get the answers to three key questions:

1. What are my options?
2. What are the positives and negatives of each option for me?
3. How do I get support to help me make a decision that is right for me?



How We Use Your Information

For details on how we collect, use, and store the information we hold about you, please see patient information leaflet, Ref. **Corp 006** How we use your information, this can be found on the Patient Information Leaflets page on the Trust website, see details on the front cover.

This leaflet is also available in audio, large print, Braille, and other languages upon request.

For more information, please ask in the department/ward.

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