

Attending Anticoagulant Clinics

Patient Information



The Patient Information Leaflets page on the Trust website is available on the link:
<https://www.wwl.nhs.uk/patient-information-leaflets> or scan the QR code.

Author ID: SV
Leaflet ref: Haem 002
Version: 8
Leaflet title: Attending Anticoagulant Clinics
Last review: February 2022
Expiry Date: February 2024



Location and Times of Clinics

Hospital Clinics	
Thomas Linacre Centre (suite 4) Parson's Walk Wigan WN1 1RU	Monday 9am to 11:15am Wednesday 1:30pm to 4:15 pm
Leigh Infirmary (area 3) The Avenue Leigh WN7 1HS	Thursday 8.30am to 11:45am
Community Clinics	
Ashton Health Centre Council Avenue, Ashton in Makerfield Wigan WN4 9AZ	Tuesday 9:30am to 11:45am
Leigh Health Centre The Avenue Leigh WN7 1HR	Wednesday 9:30am to 11:30am
Atherton - Ormerod House Nelson St Atherton Manchester M46 0LE	Thursday 2pm to 3:30pm

Information about the clinics

It is very important that you keep your appointments to ensure good control of your blood levels. If you have any problems, please contact the Anticoagulant Specialist Nurses.

These clinics are very busy, and attempts are always being made to reduce waiting times and improve the service.

Always keep to your appointment times.

Always bring your yellow anticoagulant therapy record book to the clinic.

After the blood test

Please see the nurse if:

- You have been in hospital since your last visit.
- Any other Doctor has changed your anticoagulant medication.
- You have been prescribed any new medication or changed doses of your current medication.
- This is your first or second visit.
- You are going on holiday and need your book back.
- If you are awaiting surgery, medical treatment, dental extraction or cardioversion.
- If you are bleeding or bruising.
- If you need any advice.

If you do not need to see the nurse, you are free to leave the clinic.

You do not need to make a further appointment as your book will be returned to you by first class post with your next appointment date and time.

Please continue to take the same dose of Warfarin/Sinthrome that you are currently prescribed and follow the instructions in your book when you receive it back in the post.

New patients will receive counselling and advice regarding Anticoagulant therapy. You will be given a prescription for Warfarin tablets, usually 56, 1mg brown tablets and 56, 3mg blue tablets.

Repeat prescriptions must be obtained from your own GP.

For patients undergoing cardioversion

Appointments are quite frequent because very close monitoring of your blood is required prior to your cardioversion being booked.

For patients taking Warfarin long term

The usual treatment plan is for appointments to be at 1 week, then 2 weeks, then 4 weeks, etc. Up to a maximum of 3 months.

Some GP practices are starting their own clinics. If your GP offers this service and you wish to transfer to their clinic, please inform the anticoagulant staff.

Contact telephone numbers

For change of appointments: 01942 264910

Anticoagulant advice line for non-urgent queries: 01942 822964

If you have any problems or queries, please contact:

The Anticoagulant Team: 01942 822964

Please use this space to write notes or reminders.

Comments, Compliments or Complaints

The Patient Relations/Patient Advice and Liaison Service (PALS) Department provides confidential on the spot advice, information and support to patients, relatives, friends, and carers.

Contact Us

Tel: 01942 822376 (Monday to Friday 9am until 4pm)

The Patient Relations/PALS Manager
Wrightington, Wigan and Leigh Teaching Hospitals NHS Foundation Trust
Royal Albert Edward Infirmary
Wigan Lane
Wigan
WN1 2NN

Ask 3 Questions

Become more involved in decisions about your healthcare. You may be asked to make choices about your treatment. To begin with, try to make sure you get the answers to three key questions:

1. What are my options?
2. What are the positives and negatives of each option for me?
3. How do I get support to help me make a decision that is right for me?



How We Use Your Information

For details on how we collect, use, and store the information we hold about you, please see patient information leaflet, Ref. **Corp 006** How we use your information, this can be found on the Patient Information Leaflets page on the Trust website, see details on the front cover.

This leaflet is also available in audio, large print, Braille, and other languages upon request. For more information, please ask in the department/ward.

© Wrightington, Wigan and Leigh Teaching Hospitals NHS Foundation Trust.
All rights reserved. Not to be reproduced in whole or in part without the permission of the copyright owner.

Call 111 first when it's less urgent than 999.



EMPLOYER RECOGNITION SCHEME

GOLD AWARD 2021

Proudly serving those who serve.

Phone: 0808 802 1212

Text: 81212

www.veteransgateway.org.uk

