

Pre-Sedation Instructions

Patient Information

Maxillo Facial – Head and Neck Services



The Patient Information Leaflets page on the Trust website is available on the link:
<https://www.wwl.nhs.uk/patient-information-leaflets> or scan the QR code.

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You will have already discussed with the Surgeon your treatment options (local anaesthetic, sedation or general anaesthetic) the risks and benefits of each option and the one that would be most suited to you.

Sedation is a procedure that will help you to relax during your surgery. Most people find that this is a pleasant and acceptable way of receiving treatment. The sedation drug will be administered either through an injection in the back of the hand or the front of the elbow.

Once you feel drowsy and sufficiently relaxed, local anaesthetic will be administered to numb your mouth and your surgery will commence. During which you will feel relaxed enough to have your treatment and, in some cases, people do not remember anything about their treatment.

At the end of the session you will be allowed to recover until you are fit enough to be discharged home with your escort. These drugs will not make you unconscious as in a general anaesthetic. You will be in a state known as conscious sedation, which means that, although drowsy, you will still be able to hear what is said to you and will be able to follow simple instructions during the surgical procedure. Sedation may also prevent you from remembering anything about the procedure afterwards.

Before the appointment

- Do not eat or drink for three hours before your appointment. Before this you should have a light meal.
- Any illness occurring before the appointment should be reported immediately to the nurses at the Maxillo-Facial Unit as this may affect your treatment. 01942 822487.
- Please bring your current medication along with you to the sedation appointment. Please inform the department before the sedation appointment if your medication has been changed since your visit.
- Remove any nail polish from your fingernails please.
- You must attend the appointment with your escort, as we are unable to start the surgery. Please wear loose comfortable clothing as we will need to attach monitoring, and please wear flat shoes as you may feel unsteady after the procedure. We may need to discharge you in a wheelchair.

At the appointment

You **must** be accompanied by a responsible adult (over 16) who must remain in the waiting room throughout your appointment, escort you home afterwards and arrange for you to be looked after for the following 24 hours.

Your escort should take you home after treatment by private car rather than public transport. **If you are not able to make these arrangements, we will not be able to give you sedation.**

After the appointment

For 24 hours after sedation you **must not**:

- Drive
- Operate machinery
- Use any domestic appliance
- Drink alcohol
- Return to work
- Make any important decisions or sign any legal documents
- You will/may require up to one week off work for a surgical procedure

Please follow the instructions to help make your treatment under sedation both pleasant and uneventful. Please feel free at any time to ask the dentist or nurse any questions that you may have about your treatment.

Contact information

You can contact us at the Maxillo-Facial Unit telephone 01942 822487

The Department is open Monday to Friday 8:00am until 5:00pm.

If the query is about your date of surgery, please telephone the Admissions Department on 01942 822994.

Comments, Compliments or Complaints

The Patient Relations/Patient Advice and Liaison Service (PALS) Department provides confidential on the spot advice, information and support to patients, relatives, friends, and carers.

Contact Us

Tel: 01942 822376 (Monday to Friday 9am until 4pm)

The Patient Relations/PALS Manager
Wrightington, Wigan and Leigh Teaching Hospitals NHS Foundation Trust
Royal Albert Edward Infirmary
Wigan Lane
Wigan
WN1 2NN

Ask 3 Questions

Become more involved in decisions about your healthcare. You may be asked to make choices about your treatment. To begin with, try to make sure you get the answers to three key questions:

1. What are my options?
2. What are the positives and negatives of each option for me?
3. How do I get support to help me make a decision that is right for me?



How We Use Your Information

For details on how we collect, use, and store the information we hold about you, please see patient information leaflet, Ref. **Corp 006** How we use your information, this can be found on the Patient Information Leaflets page on the Trust website, see details on the front cover.

This leaflet is also available in audio, large print, Braille, and other languages upon request. For more information, please ask in the department/ward.

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