

# Discharge Advice Following Angio-Seal

## Patient Information

Radiology Interventional Suite  
Royal Albert Edward Infirmary



The Patient Information Leaflets/Videos page on the Trust website is available on the link:  
<https://www.wwl.nhs.uk/patient-information-leaflets> or scan the QR code.

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## After the procedure

- Following your angiogram, a closure device called an Angio-seal, which is made of collagen, has been used to plug the puncture site in your artery.
- The body naturally absorbs the collagen plug in approximately 90 days; during this time, you should always carry your patient information card with you.
- You may feel a pea size lump in your groin or mild tenderness at this site.
- If, however you experience constant tenderness at the groin site, contact your GP.
- You should be accompanied home and have a friend or relative to stay with you overnight.
- If severe bleeding occurs at the puncture site, lie down, and apply firm pressure. Ring 999 and return immediately to your nearest Accident & Emergency Department: - this does not have to be Wigan Infirmary.
- If a large swelling or sudden pain occurs at the puncture site, go immediately to your nearest Accident & Emergency Department.
- If you experience loss of sensation, numbness or swelling of the limb through which the angiogram was performed, visit your local Accident & Emergency Department.
- Sometimes bruising of the groin, leg or abdomen may occur and a small lump may be present for several weeks. If you feel pain or the lump enlarges, see your GP.

## Do's & Don'ts

- Do not perform any heavy lifting which may lead to straining, lifting greater than 5kg and strenuous exercise for approximately one week and remain off work for two to three days.
- It is advisable to drink plenty of fluids, especially water over the next few days; this will assist with flushing the x-ray contrast out of your body.
- It is advisable to refrain from the consumption of alcohol for 24 hours.
- You may shower but avoid having a bath for four days.
- The following day, gently clean the site with soap and water. Dry the area gently until the skin heals in approximately four days. Do not use cream or lotions near the puncture site.
- Refrain from driving for at least 36 hours following your angiogram.
- If you take Warfarin/Apixaban/Rivaroxaban/Edoxaban, you may restart during the evening following your angiogram, unless the Doctor has instructed otherwise.

## Contact Details

Please contact the Interventional Radiology Department by telephone 01942 778713 if you have any questions.

Please use this space to write notes or reminders.

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## Comments, Compliments or Complaints

The Patient Relations/Patient Advice and Liaison Service (PALS) Department provides confidential on the spot advice, information and support to patients, relatives, friends, and carers.

## Contact Us

Tel: 01942 822376 (Monday to Friday 9am until 4pm)

The Patient Relations/PALS Manager  
Wrightington, Wigan and Leigh Teaching Hospitals NHS Foundation Trust  
Royal Albert Edward Infirmary  
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## Ask 3 Questions

Become more involved in decisions about your healthcare. You may be asked to make choices about your treatment. To begin with, try to make sure you get the answers to three key questions:

1. What are my options?
2. What are the positives and negatives of each option for me?
3. How do I get support to help me make a decision that is right for me?



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## How We Use Your Information

For details on how we collect, use, and store the information we hold about you, please see patient information leaflet, Ref. **Corp 006** How we use your information, this can be found on the Patient Information Leaflets page on the Trust website, see details on the front cover.

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This leaflet is also available in audio, large print, Braille, and other languages upon request. For more information, please ask in the department/ward.

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