

Information for Patients with a Seton

Patient Information

Colorectal Surgery



The Patient Information Leaflets page on the Trust website is available on the link:
<https://www.wwl.nhs.uk/patient-information-leaflets> or scan the QR code.

Author ID: NM
Leaflet ref: Surg 044
Version: 6
Leaflet title: Information for Patients with a Seton
Last review: October 2022
Expiry date: October 2024



During your operation a fistula was found. This is an abnormal tunnel from the lower bowel (rectum) that opens on to the skin around your bottom.

Position of Seton

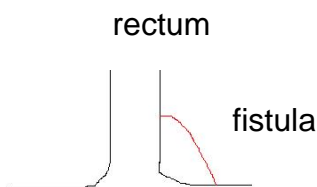


Diagram 1

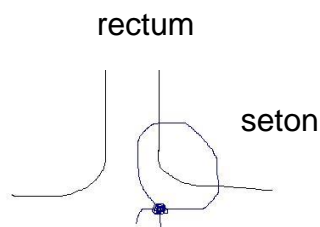


Diagram 2

A Seton has been placed through the tunnel to help the pus drain out. This is a soft rubber-like thread that has a knot on the outside (Diagram 2). The Seton is part of the long-term treatment for your fistula and will not cure it straight away.

Benefits

The benefits of having a Seton are that it should reduce discomfort and infection around the anus.

Alternatives

There are no alternatives.

Risks

There are no risks, but you may notice a discharge from the skin. This is normal.

After the Seton has been placed

The Seton should be comfortable and should not affect bathing, swimming, going to the toilet or sexual activity. It should be left in place for a period of time, which is determined by how the fistula improves when you are seen in the out-patient clinic.

Contact information

If the Seton comes out, please contact the colorectal secretary on telephone 01942 822557 and we will arrange to replace it.

Please use this space to write notes or reminders.

Comments, Compliments or Complaints

The Patient Relations/Patient Advice and Liaison Service (PALS) Department provides confidential on the spot advice, information and support to patients, relatives, friends, and carers.

Contact Us

Tel: 01942 822376 (Monday to Friday 9am until 4pm)

The Patient Relations/PALS Manager
Wrightington, Wigan and Leigh Teaching Hospitals NHS Foundation Trust
Royal Albert Edward Infirmary
Wigan Lane
Wigan
WN1 2NN

Ask 3 Questions

Become more involved in decisions about your healthcare. You may be asked to make choices about your treatment. To begin with, try to make sure you get the answers to three key questions:

1. What are my options?
2. What are the positives and negatives of each option for me?
3. How do I get support to help me make a decision that is right for me?



How We Use Your Information

For details on how we collect, use, and store the information we hold about you, please see patient information leaflet, Ref. **Corp 006** How we use your information, this can be found on the Patient Information Leaflets page on the Trust website, see details on the front cover.

This leaflet is also available in audio, large print, Braille, and other languages upon request. For more information, please ask in the department/ward.

© Wrightington, Wigan and Leigh Teaching Hospitals NHS Foundation Trust.
All rights reserved. Not to be reproduced in whole or in part without the permission of the copyright owner.

Call 111 first when it's less urgent than 999.



EMPLOYER RECOGNITION SCHEME

GOLD AWARD 2021

Proudly serving those who serve.

Phone: 0808 802 1212

Text: 81212

www.veteransgateway.org.uk

