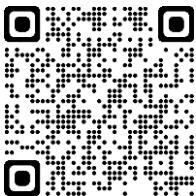


Hip Problems at Birth (Developmental Dysplasia)

Patient Information

Child Health Department

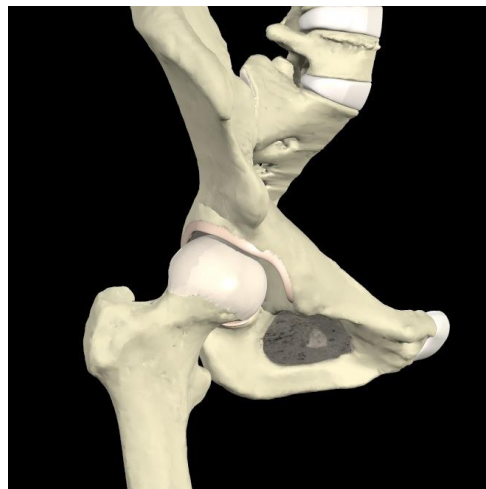


The Patient Information Leaflets page on the Trust website is available on the link:
<https://www.wwl.nhs.uk/patient-information-leaflets> or scan the QR code.

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The Hip Joint

This is a ball and socket joint. The ball fits into the socket and allows movement. If the socket is not well formed (i.e. rather flat) the ball may come out of the socket. This is called dislocation and is the concern in 'developmental dysplasia of the hip'.



Hip in socket



Hip out of socket



What is developmental dysplasia of the hip?

Hip dysplasia is where ball and socket, which form the hip joint, don't fit together properly and therefore cause unstable hip joints. We know children who have a family history of the condition or were breech deliveries are at a higher risk.

We aim to screen children who may have this problem as soon as possible after they are born. This is because at this stage of their development the problem can be treated very easily with a simple hip support. For children who are found to have the problem later in life, treatment is more difficult and involves operations.

What happens next?

When your child's hips are examined the day after birth, they may be found to have too much movement, i.e. be unstable. If this is the case, we will ask for the child to be brought back to clinic to be examined again (when they are a week old). If it is felt necessary, we may also arrange for the child to have an ultrasound scan of the hips (like the one mum had during pregnancy). You will be sent an appointment for either a repeat examination or a hip scan.

Some children are known to be at extra risk of hip problems and will be offered a scan even if the hip is normal to examine.

Repeat examinations help us to ensure the hips are stable. However in some cases certain children will need further investigation, which may include an ultrasound scan.

Ultrasound scans show us the hip joint looks normal. If you attend for an ultrasound scan you will be told the result at the appointment. Only if there is a problem will you have further appointments, however most children scanned are normal. If a problem is detected at this stage, treatment is simple and safe.

Please feel free to ask

If you have any questions or queries which we have not covered in this leaflet the staff will be pleased to answer your questions as clearly and honestly as they can.

Special Care Baby Unit, 01942 778504, Monday to Friday 9am until 5pm.

Comments, Compliments or Complaints

The Patient Relations/Patient Advice and Liaison Service (PALS) Department provides confidential on the spot advice, information and support to patients, relatives, friends, and carers.

Contact Us

Tel: 01942 822376 (Monday to Friday 9am to 4pm)

The Patient Relations/PALS Manager
Wrightington, Wigan and Leigh Teaching Hospitals NHS Foundation Trust
Royal Albert Edward Infirmary
Wigan Lane
Wigan WN1 2NN

Ask 3 Questions

Become more involved in decisions about your healthcare. You may be asked to make choices about your treatment. To begin with, try to make sure you get the answers to three key questions:

1. What are my options?
2. What are the pros and cons of each option for me?
3. How do I get support to help me make a decision that is right for me?



How We Use Your Information

For details on how we collect, use, and store the information we hold about you, please see patient information leaflet, Ref. **Corp 006** How we use your information, this can be found on the Patient Information Leaflets page on the Trust website, see details on the front cover.

This leaflet is also available in audio, large print, Braille, and other languages upon request. For more information, please ask in the department/ward.

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