

Please use this space to write notes or reminders.

Comments, Compliments or Complaints

The Patient Relations/Patient Advice and Liaison Service (PALS) Department provides confidential on the spot advice, information and support to patients, relatives, friends, and carers.

Contact Us

Tel: 01942 822376 (Monday to Friday 9am until 4pm)

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Ask 3 Questions



Become more involved in decisions about your healthcare. You may be asked to make choices about your treatment. To begin with, try to make sure you get the answers to three key questions:

1. What are my options?
2. What are the positives and negatives of each option for me?
3. How do I get support to help me make a decision that is right for me?

How We Use Your Information

For details on how we collect, use, and store the information we hold about you, please see patient information leaflet, Ref. **Corp 006** How we use your information, this can be found on the Patient Information Leaflets page on the Trust website, see details on the front cover.

This leaflet is also available in audio, large print, braille, and other languages upon request.
For more information please ask in the department/ward.

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Risks and Benefits to Ear Wax Removal

Patient Information

The Patient Information Leaflets page on the Trust website is available on the link: <https://www.wwl.nhs.uk/patient-information-leaflets> or scan the QR code.



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Author ID: CW
Leaflet Ref: CM 283
Version: 2
Leaflet title: Risks and Benefits to Ear Wax Removal
Date produced: December 2023
Expiry Date: December 2025

Introduction

Ear Wax: Risks and benefits to removal

Many people are troubled with (cerumen) Ear Wax. There are numerous causes:

- It can be Hereditary.
- Caused by a dusty environment.
- Caused by noise exposure.
- Caused by headphones and hearing aids.

Aims

To inform patients and carers of the risk and benefits of having microsuction ear wax removal.

Risks

- **Trauma** - grazing of the ear canal. This can be avoided if you keep still.
- **Perforation** - there is a very small risk of perforation of the ear drum.
- **Dizziness** - the procedure can result in temporary dizziness this will pass in minutes.
- **Reduced hearing** - although this is not a recognised risk, there has been an unconfirmed link. However, more research needs to be done to establish the feasibility of this risk.

Benefits

- Clear hearing instantly.
- Wax induced tinnitus stopped.