

Ongoing Care Plan - Supporting a patient to re-dress wounds

Patient Information

Tissue Viability Service

Treatment Plan Number:

For wound to:

.....

.....

.....



The Patient Information Leaflets page on the Trust website is available on the link:
<https://www.wwl.nhs.uk/patient-information-leaflets> or scan the QR code.

Author ID: KP/GR

Leaflet ref: TV 008

Version: 2

Leaflet title: Ongoing Care Plan-Supporting a patient to redress wounds

Last review: July 2022

Expiry Date: July 2024



Treatment Plan

Date treatment plan commenced:

Date treatment plan discontinued:

Your Health Care Professional will show you how to clean and re-dress your wound. Please ask them if you are unsure or if you need more information.

- Collect all of the equipment you need.
- Use a hard, clean surface to set up for the procedure; wash it with warm soapy water, dry it with clean kitchen roll.
- Wash your hands.
- Open the dressing pack onto the hard clean surface and unfold carefully.
- Open the dressings onto the unfolded dressing pack.
- Put on the plastic apron - included in the dressing pack if you are performing the dressing for someone else.
- Remove the existing dressing from the wound using the plastic bag - included in the dressing pack.
- Wash your hands.
- Put on the sterile gloves, included in the dressing pack, avoid touching the fingers of the gloves.
- Clean the wound if necessary.
- Apply the dressing/s using the aseptic technique - include barrier films, moisturising cream.

.....
.....
.....

After applying your dressing:

- Put all waste from the procedure into the plastic bag that is included in the dressing pack
- Wash your hands as shown by your health care professional

When to change your dressing

You need to change your dressing on the following days:

.....
.....

When to attend the clinic

You must attend clinic for review by the treatment room nurse every (frequency and days):

.....
.....

Additional Information

Any extra information required – for example, other leaflets such as how to make your meals more nutritious.

.....
.....
.....
.....
.....
.....
.....

Contact Information

Your Health Care Professional can be contacted as follows:

Your point of contact is:

Telephone:

Contact times:

What to do if you are concerned

Do not wait for a Health Care Professional to contact you if your condition gets worse or you have any concerns,. Seek help / advice from the contact number above or from your General Practitioner (GP). If you feel urgent advice is required you should go to your local Accident and Emergency Department.

In the event of a medical emergency ring 999

Local Community Pharmacy - Your local community pharmacies offer a wide range of services including information and general advice on symptom relief medicines as well as a prescription collection and delivery service.

Please use this space to write notes or reminders.

Comments, Compliments or Complaints

The Patient Relations/Patient Advice and Liaison Service (PALS) Department provides confidential on the spot advice, information and support to patients, relatives, friends, and carers.

Contact Us

Tel: 01942 822376 (Monday to Friday 9am until 4pm)

The Patient Relations/PALS Manager
Wrightington, Wigan and Leigh Teaching Hospitals NHS Foundation Trust
Royal Albert Edward Infirmary
Wigan Lane
Wigan
WN1 2NN

Ask 3 Questions

Become more involved in decisions about your healthcare. You may be asked to make choices about your treatment. To begin with, try to make sure you get the answers to three key questions:

1. What are my options?
2. What are the positives and negatives of each option for me?
3. How do I get support to help me make a decision that is right for me?



How We Use Your Information

For details on how we collect, use, and store the information we hold about you, please see patient information leaflet, Ref. **Corp 006** How we use your information, this can be found on the Patient Information Leaflets page on the Trust website, see details on the front cover.

This leaflet is also available in audio, large print, Braille, and other languages upon request. For more information, please ask in the department/ward.

© Wrightington, Wigan and Leigh Teaching Hospitals NHS Foundation Trust.
All rights reserved. Not to be reproduced in whole or in part without the permission of the copyright owner.

Call 111 first when it's less urgent than 999.



EMPLOYER RECOGNITION SCHEME

GOLD AWARD 2021

Proudly serving those who serve.

Phone: 0808 802 1212

Text: 81212

www.veteransgateway.org.uk

