

Amputation Rehabilitation Following Discharge from Hospital

Patient Information

Therapy Services



The Patient Information Leaflets page on the Trust website is available on the link:
<https://www.wwl.nhs.uk/patient-information-leaflets> or scan the QR code.

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Introduction

The amputee rehabilitation service is based at:
Area 5 Therapy Department
Leigh Infirmary
The Avenue
Leigh
WN7 1HS

This service is provided by a clinical specialist physiotherapist with therapy assistant support and is available five days a week from 8:00am to 4:30pm.

Aim

Our aim is to provide the necessary rehabilitation to enable you to achieve your maximum level of independence following discharge from hospital after undergoing lower limb amputation surgery.

Eligibility

The service is available to anyone over the age of 18 who resides in the Wigan and Leigh area.

Services provided at Leigh Infirmary:

- Outpatient physiotherapy sessions. (Ambulance transport can be arranged).
- Community home visits when necessary.
- We also provide Amputee Rehabilitation in partnership with University Hospital of South Manchester NHS Foundation Trust. Assessments for and provision of prosthetic limbs are provided at Leigh Infirmary. Multidisciplinary team members (Rehabilitation Consultant, Prosthetist and Prosthetic Technician) from the Specialised Ability Centre in Manchester attend on a fortnightly basis and work together with the Physiotherapy service from Wrightington Wigan and Leigh NHS Foundation Trust. This local service reduces the need to travel further afield to larger prosthetic centres.

Referral into the service

During your hospital stay your ward physiotherapist or occupational therapist will refer you to our service. We will contact you once you have been discharged home to arrange a suitable appointment.

Attendance for outpatient sessions

- Please report to the Reception Desk in Area 5 at Leigh Infirmary.
- If ambulance transport is required we will arrange this for you when we ring you to arrange your appointments.
- If you have your own transport we can arrange free car parking for the duration of your therapy sessions.
- Please wear loose comfortable clothing suitable for exercising.
- If you are diabetic please note that exercise can lower your blood sugar levels. It is advisable to bring a suitable snack/drink to raise your sugar levels if required and if available your blood sugar testing kit.
- Attendance continues until your individual goals have been achieved.

How to contact us

Telephone number 01942 264160 (answer machine 24 hours)

If we are unable to answer your call please leave a message. Due to the nature of some of our work (community visits) we may not be able to return your call on the same day.

Comments, Compliments or Complaints

The Patient Relations/Patient Advice and Liaison Service (PALS) Department provides confidential on the spot advice, information and support to patients, relatives, friends, and carers.

Contact Us

Tel: 01942 822376 (Monday to Friday 9am until 4pm)

The Patient Relations/PALS Manager
Wrightington, Wigan and Leigh Teaching Hospitals NHS Foundation Trust
Royal Albert Edward Infirmary
Wigan Lane
Wigan
WN1 2NN

Ask 3 Questions

Become more involved in decisions about your healthcare. You may be asked to make choices about your treatment. To begin with, try to make sure you get the answers to three key questions:

1. What are my options?
2. What are the positives and negatives of each option for me?
3. How do I get support to help me make a decision that is right for me?



How We Use Your Information

For details on how we collect, use, and store the information we hold about you, please see patient information leaflet, Ref. **Corp 006** How we use your information, this can be found on the Patient Information Leaflets page on the Trust website, see details on the front cover.

This leaflet is also available in audio, large print, Braille, and other languages upon request. For more information, please ask in the department/ward.

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