

Comments, Compliments or Complaints

The Patient Relations/Patient Advice and Liaison Service (PALS) Department provides confidential on the spot advice, information and support to patients, relatives, friends, and carers.

Contact Us

Tel: 01942 822376 (Monday to Friday 9am until 4pm)

The Patient Relations/PALS Manager
Wrightington, Wigan and Leigh Teaching Hospitals
NHS Foundation Trust, Royal Albert Edward Infirmary
Wigan Lane
Wigan
WN1 2NN

Ask 3 Questions



Become more involved in decisions about your healthcare. You may be asked to make choices about your treatment. To begin with, try to make sure you get the answers to three key questions:

1. What are my options?
2. What are the positives and negatives of each option for me?
3. How do I get support to help me make a decision that is right for me?

How We Use Your Information

For details on how we collect, use, and store the information we hold about you, please see patient information leaflet, Ref. **Corp 006** How we use your information, this can be found on the Patient Information Leaflets page on the Trust website, see details on the front cover.

This leaflet is also available in audio, large print, braille, and other languages upon request.
For more information please ask in the department/ward.

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Aftercare Advice: Barium Swallow and Meal Examination

X-Ray Department

Patient Information

The Patient Information Leaflets page on the Trust website is available on the link:
[https:// www.wvl.nhs.uk/patient-information-leaflets](https://www.wvl.nhs.uk/patient-information-leaflets)
or scan the QR code.



EMPLOYER RECOGNITION SCHEME

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Author ID: SJO
Leaflet Ref: Rad 031
Version: 2
Leaflet title: Aftercare Advice: Barium Swallow and Meal Examination
Last review: January 2023
Expiry Date: January 2025

Name:

Hospital No.

Consultant:

**Your examination is now complete,
and you are free to leave the
department.**

You may resume your usual eating routine. We advise that you drink plenty of fluids (e.g. water, fruit juice and tea) for the next two days to ensure you do not become constipated from the barium.

You will notice that your motions will be slightly lighter in colour; this is normal and is caused by the white barium that you drank during the procedure.

If you have been given some powder and lemon juice-like liquid during your examination, there are no known side effects associated with this.

If you have stopped taking your usual medication to undergo this test, you can resume taking it now.

Your results will go back to the consultant or GP that has referred you for this test. Normally you will receive your results within the next two weeks.

If you are concerned or have any questions, then you can contact the X-Ray department for advice on telephone **01942822398**.

Kind Regards,
X-Ray Department

Please use this space
to write notes or reminders.