

# Occupational Therapy

## Patient Information

Occupational Therapy Department



The Patient Information Leaflets page on the Trust website is available on the link:  
<https://www.wwl.nhs.uk/patient-information-leaflets> or scan the QR code.

Author ID: TW  
Leaflet ref: OT 006  
Leaflet title: Occupational Therapy  
Version: 7  
Last review: October 2021  
Expiry Date: October 2023

## **Occupational Therapy**

Occupational Therapy is concerned with the day to day tasks which you might be finding difficult. Treatment aims to improve your quality of life whilst maintaining your independence. Treatments may include:

- Advice on appropriate equipment to meet your needs.
- Advice on how to reduce stress on your joints.
- Provision of splints to support your joints if required.
- General advice about your condition and how to manage it.

An Occupational Therapist may also be called an OT.

## **Occupational Therapy within the Rheumatology Service**

If you are referred to the out-patient service, it operates an appointment only system and you will be placed upon a waiting list (approximately four weeks). An appointment will be sent by post for you to be assessed as an out-patient by an Occupational Therapist. Following assessment it may be necessary for you to attend subsequent appointments to complete your programme of treatment.

This service is offered at Wrightington Hospital five days per week (Monday to Friday) and a limited service at Leigh Infirmary. If you are under a rheumatology consultant and have any further problems with a splint/support or day to day tasks, you can re-refer yourself to Occupational Therapy by telephoning the department, please note that self-referrals are also subject to waiting times.

## **Where is the Occupational Therapy Department?**

At Wrightington Hospital the Occupational Therapist is located in the therapy department. Blue badge parking is located near the therapy department entrance but is also subject to car parking charges on the hospital sites.

If you are seeing the Occupational Therapist at Leigh Infirmary you will be informed as to the location of the assessment and treatment. All car parking is located at the main entrance to Leigh Infirmary.

## Contact Information

Occupational Therapy: 01257 256306

Occupational Therapy Department  
Wrightington Hospital  
Hall Lane  
Appley Bridge  
Wigan  
WN6 9EP

The name of your Occupational Therapist is:

.....  
\_\_\_\_\_

## Comments, Compliments or Complaints

The Patient Relations/Patient Advice and Liaison Service (PALS) Department provides confidential on the spot advice, information and support to patients, relatives, friends, and carers.

## Contact Us

Tel: 01942 822376 (Monday to Friday 9am until 4pm)

The Patient Relations/PALS Manager  
Wrightington, Wigan and Leigh Teaching Hospitals NHS Foundation Trust  
Royal Albert Edward Infirmary  
Wigan Lane  
Wigan  
WN1 2NN

## Ask 3 Questions

Become more involved in decisions about your healthcare. You may be asked to make choices about your treatment. To begin with, try to make sure you get the answers to three key questions:

1. What are my options?
2. What are the positives and negatives of each option for me?
3. How do I get support to help me make a decision that is right for me?



## How We Use Your Information

For details on how we collect, use, and store the information we hold about you, please see patient information leaflet, Ref. **Corp 006** How we use your information, this can be found on the Patient Information Leaflets page on the Trust website, see details on the front cover.

This leaflet is also available in audio, large print, Braille, and other languages upon request. For more information, please ask in the department/ward.

© Wrightington, Wigan and Leigh Teaching Hospitals NHS Foundation Trust.  
All rights reserved. Not to be reproduced in whole or in part without the permission of the copyright owner.

**Call 111 first when it's less urgent than 999.**



EMPLOYER RECOGNITION SCHEME

GOLD AWARD 2021

*Proudly serving those who serve.*

Phone: 0808 802 1212

Text: 81212

[www.veteransgateway.org.uk](http://www.veteransgateway.org.uk)

