

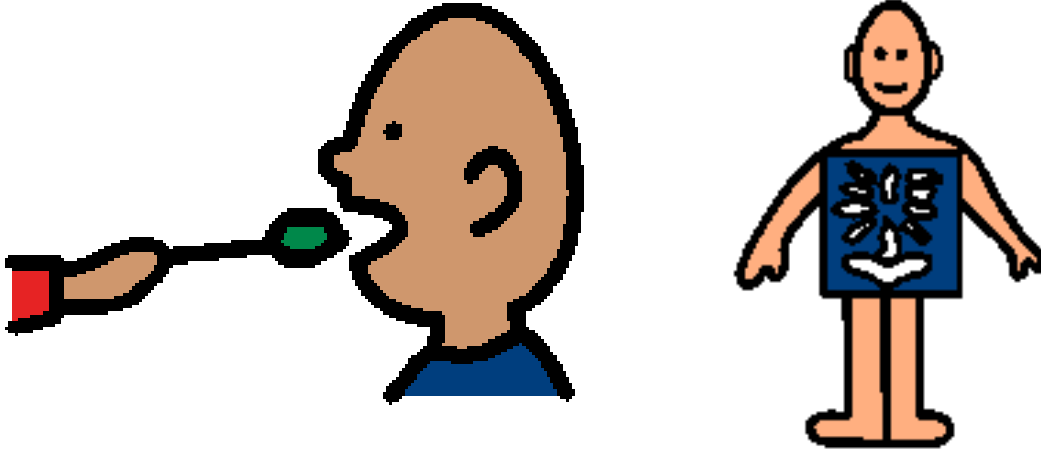
Videofluoroscopy-Accessible Information for patients

Speech & Language Department

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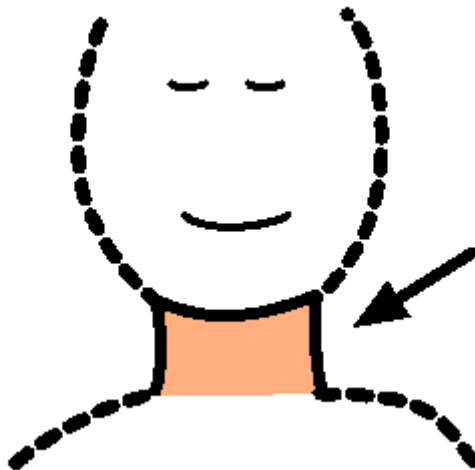
What is a Videofluoroscopy?

A Videofluoroscopy is an **x-ray** of your **swallow**.



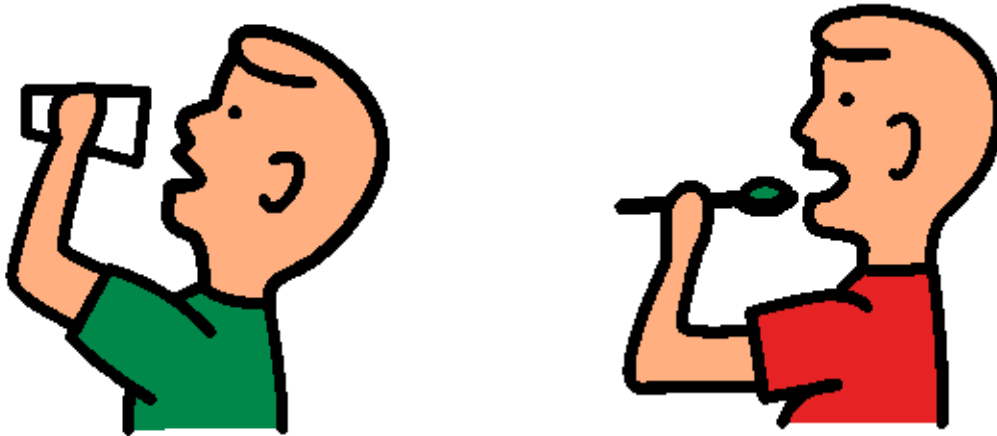
Why do I need a Videofluoroscopy?

A **stroke** or **brain injury** can make your swallowing muscles **weak**.



Why do I need a Videofluoroscopy?

An x-ray will show what you can eat and drink safely.

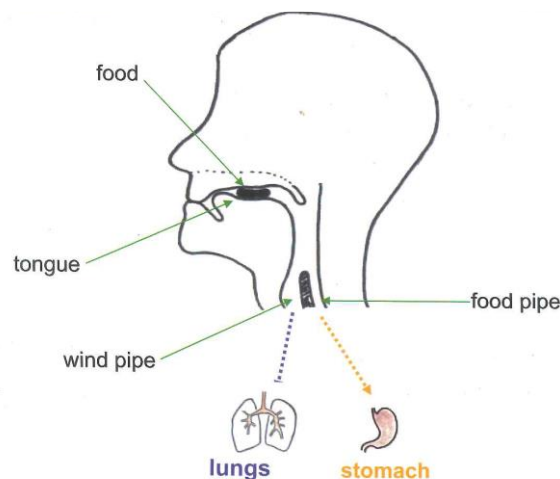


Why do I need a Videofluoroscopy?

Food and drink can go down the **wrong way**.

Food and drink can go into your **lungs**.

This can make you **ill**.



Where is it?

The **x-ray** department at Wigan or Leigh hospital.



Who will be there?

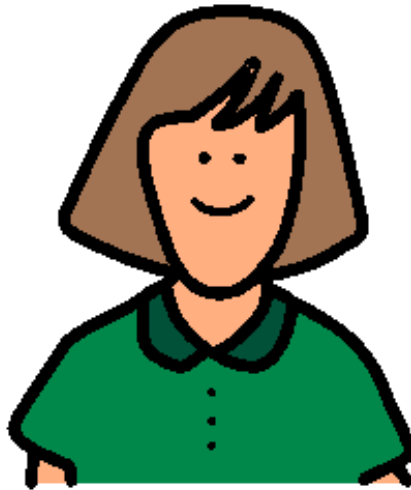
**Speech
Language**

and



Who will be there?

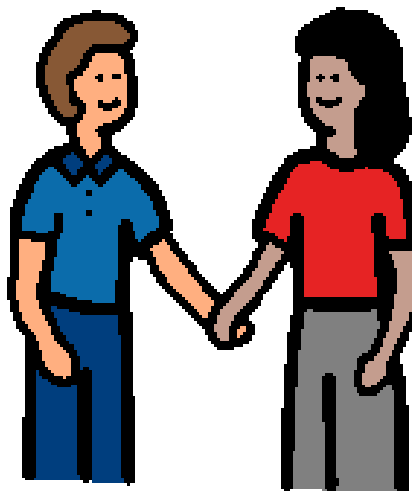
Students may be there too.



Who will be there?

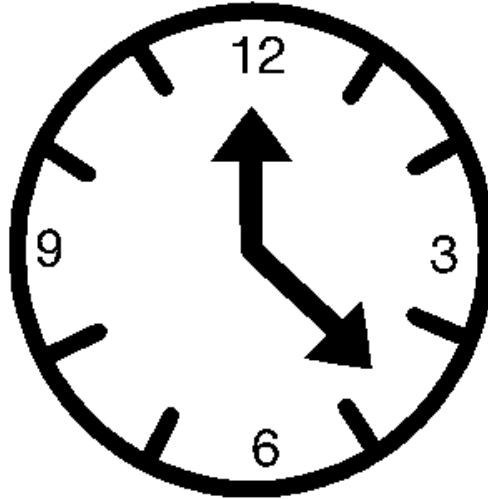
A **family** member or **friend** can come with you.

A **member of staff** can come with you.



How long will it take?

The x-ray will take about **30 minutes**.



What should I do before the x-ray?

You can take your **tablets** as **normal**.



What should I do before the x-ray?

You can **eat** and **drink**, or have your **usual feed** as **recommended** before the x-ray.



What will happen?

You will be given different **food** and **drinks**.



What will happen?

The food and drinks will be mixed with **barium**.

Barium is a **powder**.

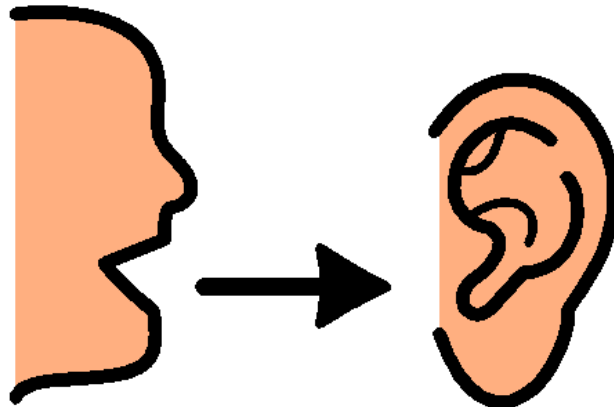
Barium will give food a **chalky** taste.

Barium will make the **food** and **drink** show up on **x-ray**.



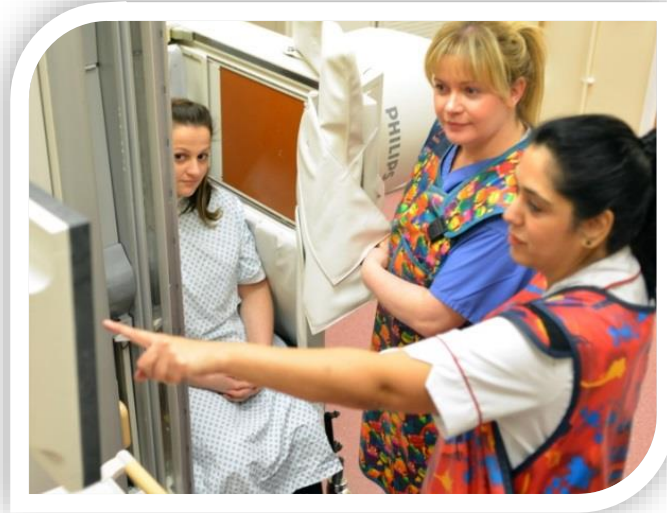
What will happen?

You will need to **listen** carefully to the **instructions**.



Results

The Speech and Language Therapist will **look** at the **x-ray pictures**.



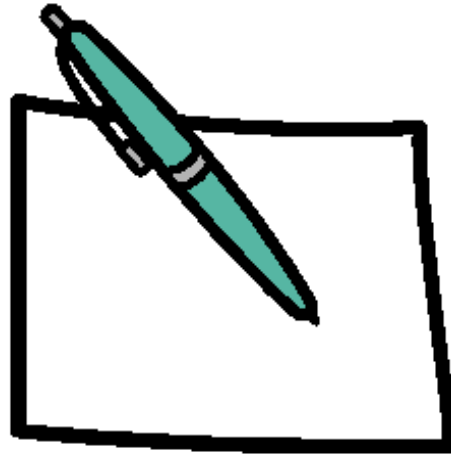
Results

The Speech Therapist will tell you what you can **eat** and **drink**.



Results

A **report** will be sent to your **Doctor**.



Risks

Food and drink could go into your **lungs**.

This could give you a **chest infection**.

This is a **small** risk.



Risks

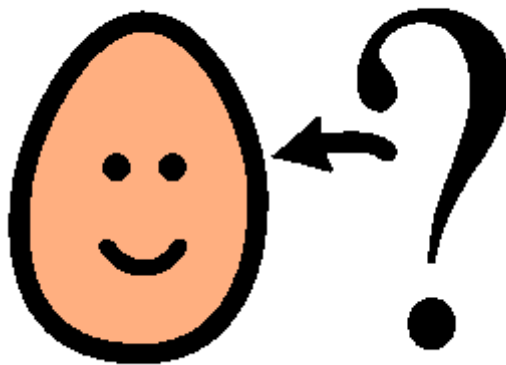
X-ray uses **radiation**.

This is a **small** risk.



If you don't have the Videofluoroscopy

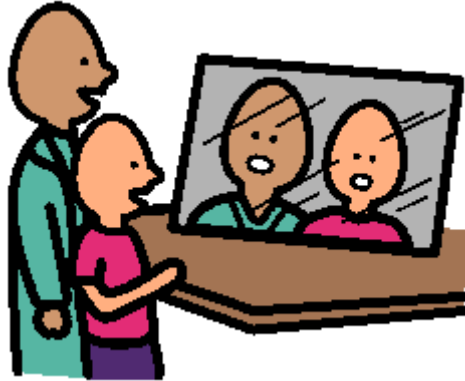
The Speech and Language Therapist **won't know** if your swallow is **safe**.



If you don't have the Videofluoroscopy

The Speech and Language Therapist **won't know** the **best exercises** to give.

Exercises can **help** your swallow get **better**.



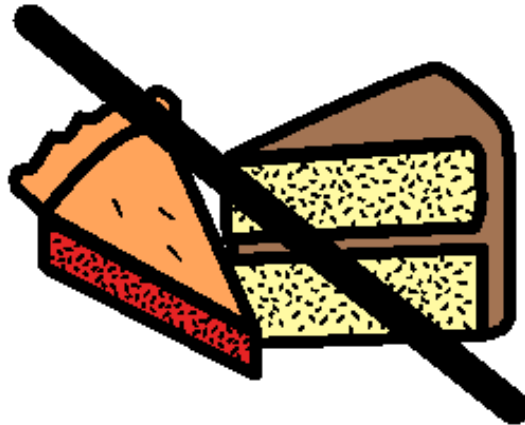
If you don't have the Videofluoroscopy

You can **choose** not to have the **x-ray**.

yes / no ?

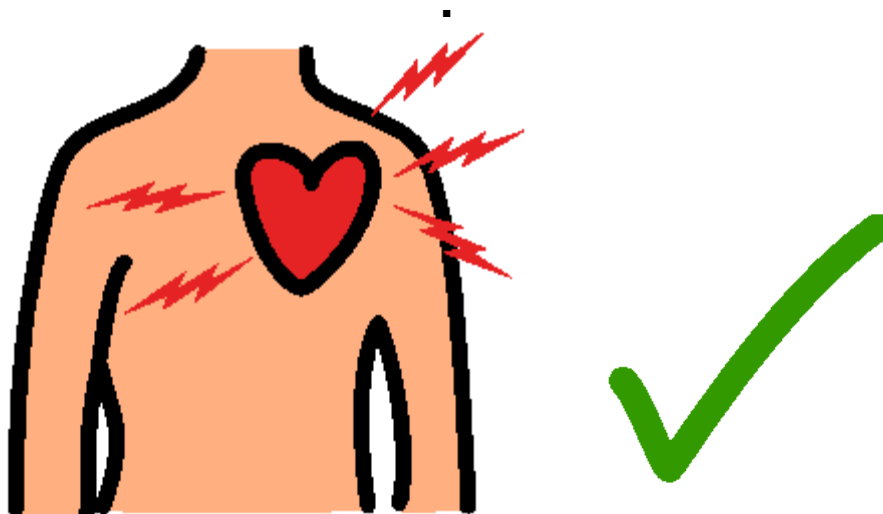
Other information

Tell a member of **staff** if you have any **allergies** or **special diet**.



Other information

You can still have the x-ray if you have a **pacemaker**.



Contact

Speech and Language Therapy Department:

Telephone Number: 01942 807 700

Email: wwl-tr.nutritionandspeechtherapy@nhs.net

Comments, Compliments or Complaints

The Patient Relations/Patient Advice and Liaison Service (PALS) Department provides confidential on the spot advice, information and support to patients, relatives, friends and carers.

Contact Us

Tel: 01942 822376 (Monday to Friday 9am to 4pm)

The Patient Relations/PALS Manager
Wrightington, Wigan and Leigh Teaching Hospitals NHS Foundation Trust
Royal Albert Edward Infirmary
Wigan Lane
Wigan WN1 2NN

Ask 3 Questions

Become more involved in decisions about your healthcare. You may be asked to make choices about your treatment. To begin with, try to make sure you get the answers to three key questions:

1. What are my options?
2. What are the pros and cons of each option for me?
3. How do I get support to help me make a decision that is right for me?



How We Use Your Information

For details on how we collect, use and store the information we hold about you, please take a look at our “how we use your information” leaflet which can be found on the Trust website: <https://www.wwl.nhs.uk>

This leaflet is also available in audio, large print, Braille and other languages upon request. For more information please ask in the department/ward.

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