

# Torus “Buckle” Fracture

## Patient Information

Trauma & Orthopaedics Department



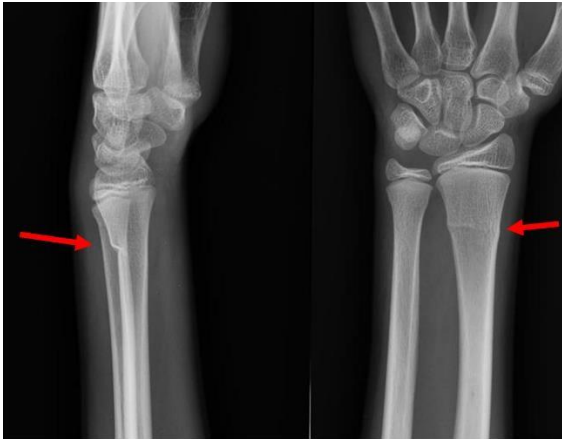
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Author ID: VL/BH  
Leaflet Ref: Musc 048  
Version: 5  
Leaflet title: Torus “Buckle” Fracture  
Last review: February 2024  
Expiry Date: February 2026



## Introduction

Your child has sustained a “Torus” also known as a “Buckle” Fracture (break) to the wrist. This is a common injury in children as their bones are still soft and flexible.



## Symptoms of a Buckle Fracture

Buckle fractures are often painful, symptoms can include:

- Pain
- Tenderness
- Swelling

## Treatment plan

This type of fracture does not require a plaster cast. Your child has been fitted with a splint, which is the recommended treatment for this type of injury. The splint should be worn for a period of **3 weeks**; this includes whilst sleeping.

The splint can be removed for hygiene purposes, and the splint is also hand washable once the metal insert has been removed.

Simple pain relief can be taken as required e.g. paracetamol. Elevation (raising the arm/hand) is encouraged to relieve swelling.

Use of the hand is encouraged for example: writing, colouring, and using a knife and fork; this will prevent the wrist becoming stiff.

No contact sport or heavy lifting for a period of **6 weeks** is advised to aid healing of the bone.

## Aftercare

If the wrist is still sore the splint can be re-applied for comfort weeks 3-6. This should only be for short periods of time; it is best to try and use the hand normally.

If at 3 weeks the wrist is very sore or swollen and your child is not willing to use their arm, or if you have concerns, please contact.

**Fracture Clinic: 01942 822595** Monday to Friday (8.30am until 5.00pm)

For more information online please visit WWL Teaching Hospitals NHS Foundation Trust | Virtual Fracture Clinic.

<https://www.wwl.nhs.uk/virtual-fracture-clinic>

For urgent concerns out of hours call 111.

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## Comments, Compliments or Complaints

The Patient Relations/Patient Advice and Liaison Service (PALS) Department provides confidential on the spot advice, information and support to patients, relatives, friends, and carers.

### Contact Us

Tel: 01942 822376 (Monday to Friday 9am until 4pm)

The Patient Relations/PALS Manager  
Wrightington, Wigan and Leigh Teaching Hospitals NHS Foundation Trust  
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## Ask 3 Questions

Become more involved in decisions about your healthcare. You may be asked to make choices about your treatment. To begin with, try to make sure you get the answers to three key questions:

1. What are my options?
2. What are the positives and negatives of each option for me?
3. How do I get support to help me make a decision that is right for me?



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## How We Use Your Information

For details on how we collect, use, and store the information we hold about you, please see patient information leaflet, Ref. **Corp 006** How we use your information, this can be found on the Patient Information Leaflets page on the Trust website, see details on the front cover.

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This leaflet is also available in audio, large print, Braille, and other languages upon request. For more information, please ask in the department/ward.

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**Call 111 first when it's less urgent than 999.**



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