

Comments, Compliments or Complaints

The Patient Relations/Patient Advice and Liaison Service (PALS) Department provides confidential on the spot advice, information and support to patients, relatives, friends, and carers.

Contact Us

Tel: 01942 822376 (Monday to Friday 9am until 4pm)

The Patient Relations/PALS Manager
Wrightington, Wigan and Leigh Teaching Hospitals
NHS Foundation Trust, Royal Albert Edward Infirmary
Wigan Lane
Wigan
WN1 2NN

Ask 3 Questions



Become more involved in decisions about your healthcare. You may be asked to make choices about your treatment. To begin with, try to make sure you get the answers to three key questions:

1. What are my options?
2. What are the positives and negatives of each option for me?
3. How do I get support to help me make a decision that is right for me?

How We Use Your Information

For details on how we collect, use, and store the information we hold about you, please see patient information leaflet, Ref. **Corp 006** How we use your information, this can be found on the Patient Information Leaflets page on the Trust website, see details on the front cover.

This leaflet is also available in audio, large print, braille, and other languages upon request.
For more information please ask in the department/ward.

© Wrightington, Wigan and Leigh Teaching Hospitals NHS Foundation Trust. All rights reserved. Not to be reproduced in whole or in part without the permission of the copyright owner.



Wound Care following Stitches or Staples

Cardiac Catheter Laboratory

Patient Information

The Patient Information Leaflets page on the Trust website is available on the link: <https://www.wwl.nhs.uk/patient-information-leaflets> or scan the QR code.



EMPLOYER RECOGNITION SCHEME

GOLD AWARD 2021

Proudly serving those who serve.

Author ID: CW
Leaflet ref: CCL 016
Version: 7
Leaflet title: Wound Care following Stitches or Staples
Last review: August 2024
Expiry Date: August 2026

Our Values

People at the Heart

Listen and Involve

Kind and Respectful

One Team

Introduction

Your wound site has been closed using stitches or skin staples/glue.

- You will be contacted by a district nurse from your GP surgery who will remove the stitches/skin staples seven days following the procedure.
- Keep your wound dry and covered with a dressing until the stitches or staples are removed.
- You can bathe following stitch/staple removal. Gently dab the wound site dry with a clean towel.
- The scar will take approximately six months to fade.
- Excessive movement at the wound site should be avoided.
- Avoid wearing tight clothing that could rub and cause you some discomfort over the wound site.
- Do not use any perfume/ cosmetic deodorant or any tanning products near or at the wound site.

Please contact the Cardiology Department Monday to Friday 8am until 5pm on 01942 822445 / 773018 or Cardiac Catheter Lab on 01942 773392 Monday to Friday 8am until 7pm. if you experience any of the following:

- The wound has increased swelling, redness or oozing.
- The wound edge is showing signs of separation or the skin appearing thinner over the pacemaker/loop recorder.
- If you have a raised temperature (over 37.5 centigrade, 99.5 Fahrenheit).

Call 111 first when it's less urgent than 999.

If it is urgent or at weekends, please attend the Accident and Emergency Department.

Please use this space to write notes or reminders.