

# Easy Read - Fiberoptic Endoscopic Evaluation of Swallow (FEES) Clinic

## Patient Information

Community Speech and Language Therapy Department



The Patient Information Leaflets page on the Trust website is available on the link:  
<https://www.wwl.nhs.uk/patient-information-leaflets> or scan the QR code.

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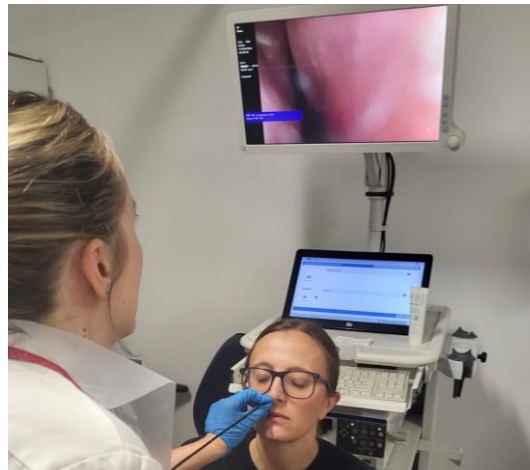
## What is FEES?

A small **camera** is placed inside your **nose**.  
This lets the **speech and language therapist** see inside your **throat**.



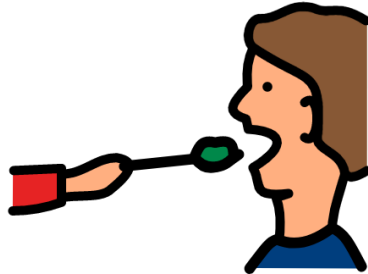
## What is FEES?

The **camera** is **connected** to a **screen**.



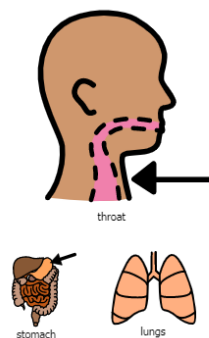
## Why do I need a FEES?

Your speech and language therapist wants to know more about your swallowing.



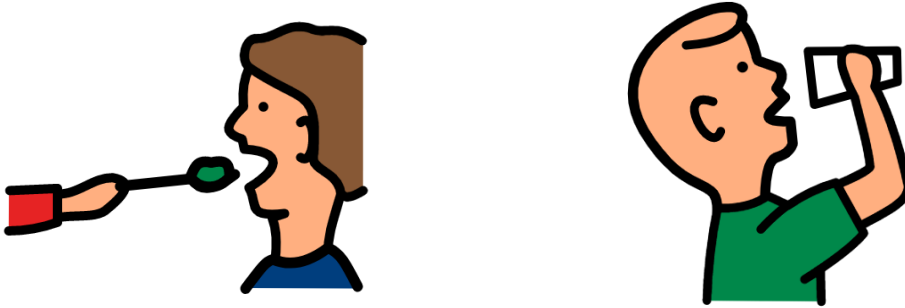
## Why do I need a FEES?

Food and drink can go down the **wrong way**.  
Food and drink can go into your **lungs**.  
This can make you **ill**.



## Why do I need a FEES?

The camera will show what you can eat and drink safely.



## Where is it?

Your appointment will be at the Thomas Linacre Centre.



## Who will be there?

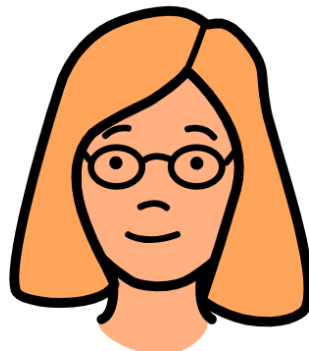
**Speech and Language Therapists** will be there.  
Sometimes a **doctor** or **nurse** may be there.

**speech  
therapist**



## Who will be there?

**Students** may be there too.



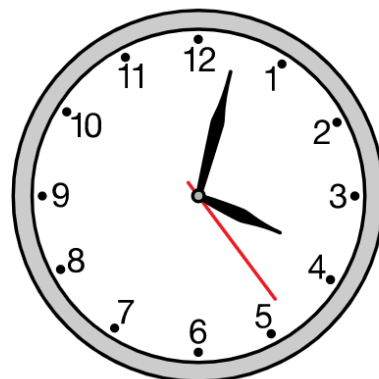
## Who will be there?

You can bring someone from your **family** or a **friend**.  
A **member of staff** can come with you.



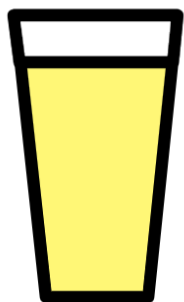
## How long will it take?

The appointment will take about **30 minutes**



## What should I do before the FEES?

You can **eat** and **drink** or take your **feed** as **recommended**.  
You can take your **tablets** as **normal**.



## What will happen?

You will **sit down**, and a small **camera** will be placed inside your **nose**.



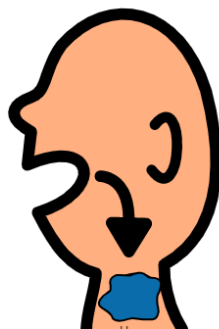
## What will happen?

You may be asked to **say** some **sounds**.  
You may be asked to **swallow** your **saliva**.



## What will happen?

You will be asked to **eat** and **drink**.  
The food and drink might have been **died blue** so we can **see** it **better**.





## Results

The speech and language therapist will **look** at the **pictures**.  
They will tell you what to **eat** and **drink**.  
They will send a **report** to your **doctor**.



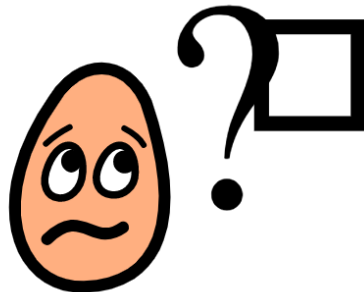
## Risks

There is a small risk of **nose bleeds**.  
There is a small risk of **fainting**.



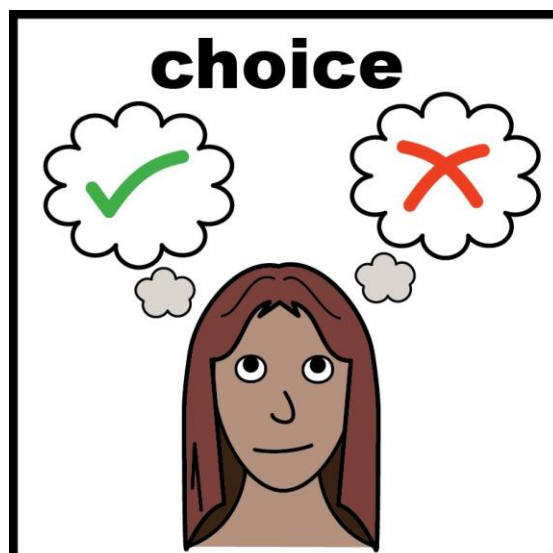
## If you don't have a FEES?

The speech and Language Therapist will **not know** how to help you **swallow safely**.



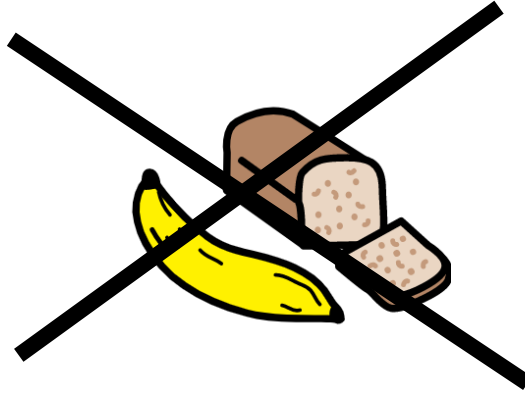
## If you don't have a FEES

You can **choose** not to have the FEES.



## Other Information?

Tell the speech and language Therapist if you have any **allergies**.



## Questions?

You can **ask** your **speech** and **language therapist** if you have any questions.



Contact Speech and Language Therapy Department:

Telephone Number: **03007077700**

Email: [wwl-tr.nutritionandspeechtherapy@nhs.net](mailto:wwl-tr.nutritionandspeechtherapy@nhs.net)

## Comments, Compliments or Complaints

The Patient Relations/Patient Advice and Liaison Service (PALS) Department provides confidential on the spot advice, information and support to patients, relatives, friends, and carers.

## Contact Us

Tel: 01942 822376 (Monday to Friday 9am until 4pm)

The Patient Relations/PALS Manager  
Wrightington, Wigan and Leigh Teaching Hospitals NHS Foundation Trust  
Royal Albert Edward Infirmary  
Wigan Lane  
Wigan  
WN1 2NN

## Ask 3 Questions

Become more involved in decisions about your healthcare. You may be asked to make choices about your treatment. To begin with, try to make sure you get the answers to three key questions:

1. What are my options?
2. What are the positives and negatives of each option for me?
3. How do I get support to help me make a decision that is right for me?



## How We Use Your Information

For details on how we collect, use, and store the information we hold about you, please see patient information leaflet, Ref. **Corp 006** How we use your information, this can be found on the Patient Information Leaflets page on the Trust website, see details on the front cover.

This leaflet is also available in audio, large print, Braille, and other languages upon request. For more information, please ask in the department/ward.

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