

Please use this space to write notes or reminders.

### Comments, Compliments or Complaints

The Patient Relations/Patient Advice and Liaison Service (PALS) Department provides confidential on the spot advice, information and support to patients, relatives, friends, and carers.

### Contact Us

Tel: 01942 822376 (Monday to Friday 9am to 4pm)

The Patient Relations/PALS Manager  
Wrightington, Wigan and Leigh Teaching Hospitals  
NHS Foundation Trust  
Royal Albert Edward Infirmary  
Wigan Lane  
Wigan WN1 2NN

### Ask 3 Questions



Become more involved in decisions about your healthcare. You may be asked to make choices about your treatment. To begin with, try to make sure you get the answers to three key questions:

1. What are my options?
2. What are the pros and cons of each option for me?
3. How do I get support to help me make a decision that is right for me?

### How We Use Your Information

For details on how we collect, use, and store the information we hold about you, please see patient information leaflet, Ref. Corp 006 How we use your information, this can be found on the Patient Information Leaflets page on the Trust website:  
<https://www.wwl.nhs.uk/patient-information-leaflets> type Corp 006 under the heading **Information Leaflets**.

This leaflet is also available in audio, large print, braille, and other languages upon request.  
For more information please ask in the department/ward.

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Wrightington, Wigan and  
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## Patient discharge procedure with sedation

## Cardiac Catheter Lab

### Patient Information

The Patient Information Leaflets page on the Trust website is available on the link:  
<https://www.wwl.nhs.uk/patient-information-leaflets> or scan the QR code.



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## Patient discharge procedure with sedation

The sedation drugs can remain in your system and have effects up to 24 hours after your procedure. Although you may feel awake, these drugs can impair your judgement, balance, and reaction times. For this reason, we will ensure that you have a responsible adult to take you home after your procedure and look after you for the next 24 hours.

### For the next 24 hours you MUST NOT:

- Drive your car. Your insurer will not cover you for this period following sedation.
- Operate machinery (including any potentially hazardous kitchen appliances).
- Climb ladders.
- Sign any legally binding documents.

- Drink alcohol. Alcohol will increase the effect of any sedative remaining in your body.

### For the next 24 hours you MUST:

- Rest for the whole day and avoid strenuous activity.
- Take your medications as normal unless you have been told otherwise.
- Have someone with you in case of any problem arising from the effects of sedation.
- Have someone to help you if you care for children or elderly sick relatives.

You can usually eat and drink normally after you have been discharged.

## Contact details

- Working hours 8am to 7pm – Cardiac Catheter Lab on 01942 773392/773394
- Out of working hours 7pm to 8am – CCU on 01942 822388
- In case of difficulty - Accident and Emergency on 01942 822441