

## Contact Details

Community Paediatric Occupational Therapy Service

Wrightington, Wigan and Leigh Teaching

Hospitals NHS Foundation Trust

Platt Bridge Health Centre

Rivington Avenue

Platt Bridge

Wigan

WN2 5NG

- To make a request for a Paediatric Occupational Therapy assessment, a referral form will need to be completed by a health, social care or educational professional, following discussion and consent from a child's parent or guardian.
- The referral will be assessed by an Occupational Therapist from within the team, and accepted on the basis of problems identified that prevent the young person from functioning normally.
- If you have any questions about making a request for an Occupational Therapy assessment, please contact **01942 482457**.

## Comments, Compliments or Complaints

The Patient Relations/Patient Advice and Liaison Service (PALS) Department provides confidential on the spot advice, information and support to patients, relatives, friends, and carers.

### Contact Us

Tel: 01942 822376 (Monday to Friday 9am until 4pm)

The Patient Relations/PALS Manager  
Wrightington, Wigan and Leigh Teaching Hospitals  
NHS Foundation Trust, Royal Albert Edward Infirmary  
Wigan Lane  
Wigan  
WN1 2NN

### Ask 3 Questions

Become more involved in decisions about your healthcare. You may be asked to make choices about your treatment. To begin with, try to make sure you get the answers to three key questions:

1. What are my options?
2. What are the positives and negatives of each option for me?
3. How do I get support to help me make a decision that is right for me?

### How We Use Your Information

For details on how we collect, use, and store the information we hold about you, please see patient information leaflet, Ref. **Corp 006** How we use your information, this can be found on the Patient Information Leaflets page on the Trust website, see details on the front cover.

This leaflet is also available in audio, large print, braille, and other languages upon request.  
For more information please ask in the department/ward.

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# Paediatric Occupational Therapy Service

## Patient Information

The Patient Information Leaflets page on the Trust website is available on the link: <https://www.wwl.nhs.uk/patient-information-leaflets> or scan the QR code.



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## Introduction

The Paediatric Community Occupational Therapy Team can support children and young people aged 0-16 years old, and young people up to the age of 19 (if they are attending a special school) who live in the Wigan Borough and are registered with a GP Service in Wigan or Leigh.

Their support is offered to children who are experiencing significant difficulties with everyday functional skills due to a physical, motor or sensory based need that impacts on their independence and ability to take part in everyday activities.

## Aims

An Occupational Therapist will prioritise a child's Occupational Therapy needs based upon:

- A child's general development, age and ability to meet key developmental milestones.
- A child's level of experience and practice specific to a task.
- A child's vision and/or hearing.
- A child's understanding, attention and listening skills.

- Any genetic or medical issues or conditions.
- A child's strengths, abilities, thoughts and feelings.
- An initial assessment is completed to identify the main concerns that the child and their parent or guardian may have, giving them the opportunity to consider what they are hoping to gain from the service.
- Assessment appointments last up to 60 minutes.
- An intervention plan will be agreed with the parent or guardian based on the child's needs; this may involve being placed on a treatment waiting list.
- Advice, strategies, information sessions, or signposting the child to another service may also be considered as appropriate.

## An occupational therapist will focus on key areas of function

- **Self-care:** getting dressed, using zips and buttons, using the toilet, preparing simple meals, feeding, using cutlery, participating in hygiene routines like brushing teeth.

- **Productivity:** handwriting, using tools and materials in the classroom, following school routines, paying attention to tasks, using self-control, using computers and technology, participating in PE sessions.
- **Leisure and play:** playing sports, participating in a hobby, playing age-appropriate games, grasping small toys.

## Benefits

- An Occupational Therapist will identify the occupations that a child or young person participates in well, and those they find difficult.
- They will also identify the personal, environmental, and task-specific factors that support or limit a child's performance.
- They will recommend alternative approaches, teach new skills, or suggest changes to the environment and/or equipment to support a child's development, participation, and achievement.